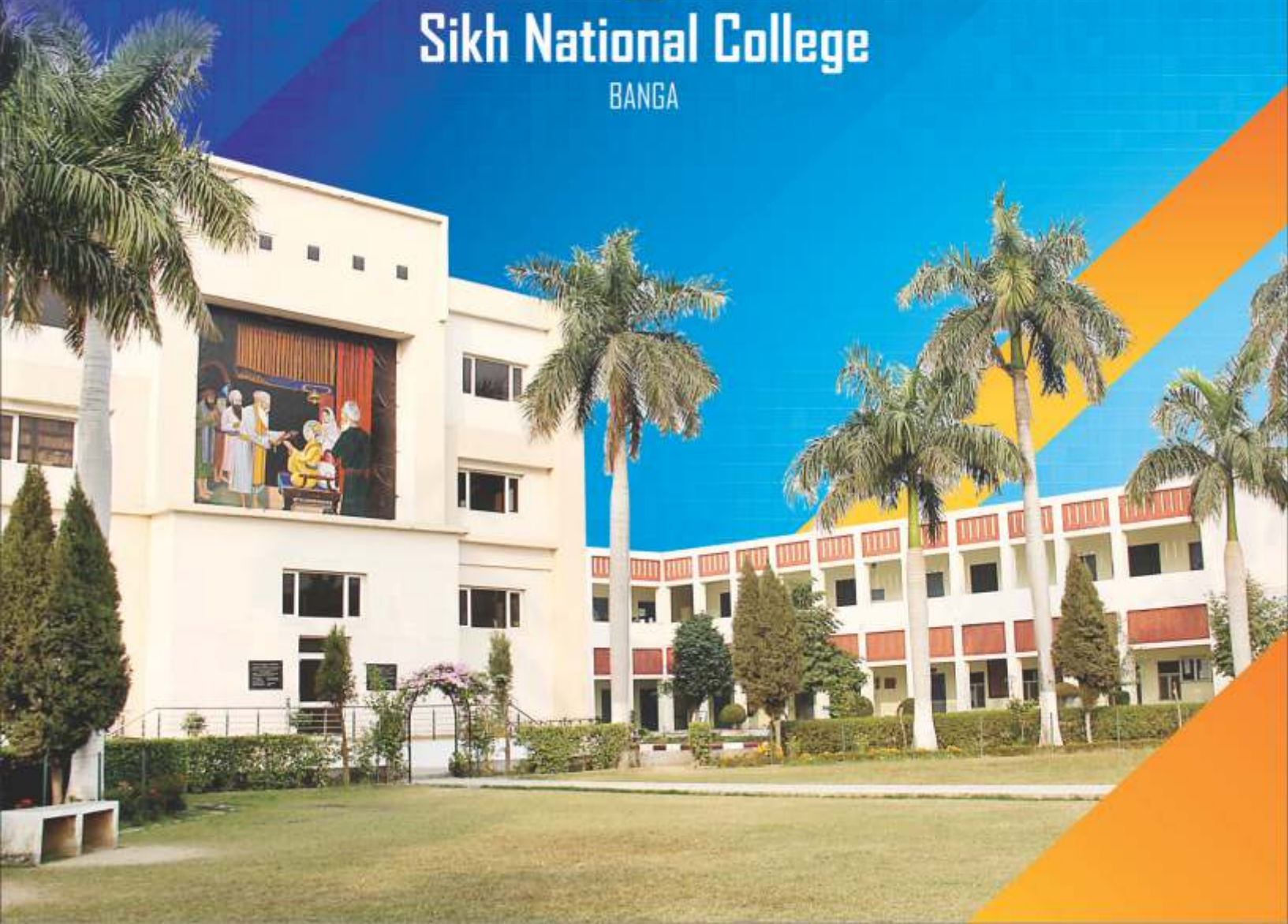


ਚਰਕ ਵੰਦਨਾ

2016-17



Sikh National College
BANGA



ਅਰਜਨ ਕਾਇਆ ਪਲਟਿ ਕੈ ਮੂਰਤਿ ਹਰਗੋਬਿੰਦ ਸਵਾਰੀ।



ਸ੍ਰੀ ਗੁਰੂ ਹਰਗੋਬਿੰਦ ਸਾਹਿਬ ਜੀ

ਪੰਜਿ ਪਿਆਲੇ ਪੰਜਿ ਪੀਰ ਛਠਮ ਪੀਰੁ ਬੈਠਾ ਗੁਰੁ ਭਾਰੀ॥

“

ਦੋ ਤਲਵਾਰਾਂ ਬੱਧੀਆਂ

ਇਕ ਮੀਰ ਦੀ ਇਕ ਪੀਰ ਦੀ

ਇਕ ਅਜਮਤ ਦੀ ਇਕ ਰਾਜ ਦੀ

ਇਕ ਰਾਖੀ ਕਰੇ ਵਜ਼ੀਰ ਦੀ

ਹਿੰਮਤ ਬਾਹਾਂ ਕੋਟ ਗੜ੍ਹ

ਦਰਵਾਜ਼ਾ ਬਲਖ ਬਖੀਰ ਜੀ

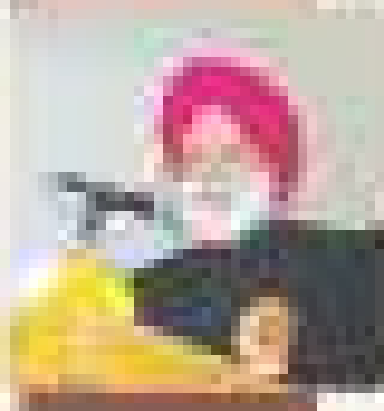
ਨਾਲ ਸਿਪਾਹੀ ਨੀਲ ਨਲ

ਮਾਰ ਦੁਸ਼ਟਾਂ ਕਰੇ ਤਗੀਰ ਜੀ

ਪੱਗ ਤੇਰੀ ਕੀ ਜਹਾਂਗੀਰ ਦੀ ”

(ਛੇਵੇਂ ਪਾਤਸ਼ਾਹ ਜੀ ਦੀ ਤਖ਼ਤ ਨਸ਼ੀਨੀ ਸਮੇਂ
ਨੱਥਾ ਅਤੇ ਅਬਦੁਲ ਚਾਡੀਆਂ ਵੱਲੋਂ ਪੇਸ਼ ਪਹਿਲੀ ਇਤਿਹਾਸਕ ਵਾਰ।)

Challenges



As a teacher, you may find yourself facing a variety of challenges in the classroom. Some of the most common challenges include:

- **Classroom Management:** Keeping students focused and on-task can be a challenge, especially in a large or noisy classroom.
- **Differentiated Instruction:** Meeting the needs of all learners, including those with special needs or learning differences, can be a challenge.
- **Time Constraints:** Finding time to plan, grade, and prepare lessons can be a challenge, especially with a heavy workload.
- **Parental Involvement:** Getting parents involved in their child's education can be a challenge, especially if they are busy or have different expectations.

While these challenges can be frustrating, they are also opportunities for growth and learning. By using effective strategies and seeking support from colleagues and administrators, you can overcome these challenges and create a more positive and productive classroom environment.

Effective Strategies for Classroom Management:

- Establish clear rules and expectations from the beginning.
- Use positive reinforcement to encourage good behavior.
- Use a variety of classroom management techniques, such as group work, peer tutoring, and self-reflection.
- Communicate regularly with parents and administrators.

Effective Strategies for Differentiated Instruction:

- Use formative assessment to assess student learning and adjust instruction accordingly.
- Use a variety of instructional materials and activities to meet the needs of all learners.
- Provide individualized feedback and support to students who need it.

Effective Strategies for Time Management:

- Prioritize tasks and focus on the most important ones.
- Use time-saving techniques, such as batching similar tasks and delegating responsibilities.
- Communicate with your administrator about your workload and seek support.

Effective Strategies for Parental Involvement:

- Communicate regularly with parents through email, phone, or in-person meetings.
- Invite parents to participate in classroom activities and events.
- Provide resources and information to help parents support their child's learning at home.

Message

To thrive in tremendously competed and contested environs of the day, students need to focus on their multi-faceted and multi-sided evolution. The challenge lies in ensuring the harmonization of latest operational knowledge and expertise at technical advancement and powerful communication skills. Good writing skills are a vital component of effective communication which plays a significant role in one's success in his/her cherished sphere. What the college magazine achieves is an appreciable thing in that it becomes an important platform for students to explore and express their creative impulse.

I am extremely delighted to know that the college is bringing out another edition of its magazine '**Charan Kanwal**' (2016-17). Highlight of the magazine is the avid interest of the students reflecting through their solid contribution to various sections at a time when preoccupation with internet has severely dented the creative impulse. I hope for the student activism to continue like this in future as well.

I extend heartiest greetings and congratulations to the Principal, staff, and the students on the release of '**Charan Kanwal**' (2016-17)!

Col. Jasmer Singh Bala (Retd.)
Secretary
Sikh Educational Society, Chandigarh



Message

I am glad to know that the college is publishing its annual edition of the magazine '**Charan Kanwal**' (2016-17). I would like to congratulate Principal Dr. Kulwant Singh Randhawa and the editorial board of the magazine for their strenuous efforts for the same. Awesome response of the students and their pivotal role in making the magazine a success is especially noteworthy and they must be lauded and congratulated for this. The magazine is a small yet very significant platform for our students as it enables them to apprehend and fire up their creative potential and who knows they might become tomorrow's greats in the sphere of creative writing.

The college magazine not only treasures the achievements of the institute in diverse spheres of activity but it also serves as an important receptacle of rich and composite cultural heritage of Punjab as well as a record of intellectual activism of the students. As we always in the college look forward to encourage reading and writing habits among the students for their well balanced growth, the magazine comes out to be a potent tool in fructification of this ideal.

Wish you all the best!

S. Rajbinder Singh Bains
Secretary, LMC



Message

"The heights by great men reached and kept were not attained by sudden flight, but they, while their companions slept, were toiling upward in the night."

- Henry Wadsworth Longfellow



Dr. Kulwant Singh Randhawa
Principal

We must remember if we will, we will and surely will and win as there is nothing that can come in the way of our strong will and determination. It is our strong will power and desire to do something that fires us up to achieve even seemingly unattainable deeds. And to confirm that we only need to turn over the pages of history that we will find glossed with glorious instances of men overcoming all odds to rise to the zenith of glory. We must keep on moving on the track to our destination as straight as an arrow strikes the target. Anything and everything is possible for us to attain in this world provided we have the necessary strength of character relying on our fiery zeal and the unshakable resolution, even if under howsoever a compelling and critical conditions.

I would like to call upon our students to inculcate in them burning desire and unflinching determination infused with missionary commitment for the fructification of their cherished aspirations. To achieve that they must remember that during their journey they are going to face the test of strength and of character at each and every step, sometimes in form of diversions and sometimes in terms of low or lack of confidence induced by hardships. The threat of all these challenges and impediments will have to be counterpoised for the progressive movement on the decided path. One must remember the words of Og Mandino that "Failure will never overtake me if my determination to succeed is strong enough".

I am pretty certain that the college magazine *Charan Kanwal* is going to be an important instrument for harnessing the embryonic creative potential of our students. Further, I seek to congratulate and commend the students who contributed to the different sections of the college magazine.

The editorial board of the magazine deserves commendations for its meticulous efforts in bringing forth the current edition of the magazine. Hopefully, it will continue its good work for the succeeding editions as well taking in its stride the critical inputs and the feedback of the readers.

Lastly, I wish all the readers a very happy and pleasurable reading experience of this edition of the magazine!

Obeisance And Religious Fervour

ਵਿਸਰੁ ਨਾਹੀ ਦਾਤਾਰ ਆਪਣਾ ਨਾਮੁ ਦੇਹੁ ।
ਗੁਣ ਗਾਵਾ ਦਿਨੁ ਰਾਤਿ ਨਾਨਕ ਚਾਉ ਏਹੁ ।।



ਪੜਿ ਪੜਿ ਪਾਵਹਿ ਮਾਨੁ

Our Brilliant Performers

Who brought the laurel to the Institution



Neha
M.Sc. (Maths) 3rd Sem.
1st



Amanpreet
M.Sc.(Maths) 3rd Sem.
2nd



Dalvir Kaur
M.Sc.(Maths) 2nd Sem.
2nd in class



Priya
M.Sc. (Maths) 1st Sem.
2nd in class



Narinder Kaur
M.Sc.(CS) 3rd Sem.
1st (70%)



Lovepreet Kaur
M.Sc. (CS) 3rd Sem.
2nd (62%)



Jyoti Rani
M.Sc. (CS) 1st Sem.
1st (70%)



Reena
M.Sc. (CS) 1st Sem.
2nd (66%)



Ramandeep Kaur
M.Sc.(FD) 3rd Sem.
1st (93.27%)



Amandeep Kaur
M.Sc. (FD) 3rd Sem.
1st (93.27%)



Ranjit Kaur
M.Sc. (FD) 3rd Sem.
2nd(92.90%)



Ramneek Kaur
M.Sc. (FD) 1st Sem.
1st (85%)



Rajdeep Kaur
M.Sc. (FD) 1st Sem.
2nd (84%)



Sukhwinder Kaur
M.A. (His.) 3rd Sem.
1st (75.5%) in Uni.



Baljeet Kaur
M.A. (His.) 3rd Sem.
2nd (68.75%) in District



Isha Arora
M.A.(Eng.) 3rd Sem.
1st (67%), 1st in Uni.



Manpreet
M.A.(Eng.) 3rd Sem.
2nd (63.5%), 3rd in Uni.



Rajni Sharma
M.A.(Eng.) 3rd Sem.
3rd (62%), 7th in Uni.



Tamanna
M.A.(Eng.) 2nd Sem.
3rd (55.5%), 4th in Uni.



Barkha Rani
M.A.(Eng.) 1st Sem.
1st, 3rd in Uni.



Reena Rani
M.A.(Eng.) 1st Sem.
2nd, 7th in Uni.



Ramandeep Kaur
M.A.(Eng.) 1st Sem.
3rd, 15th in Uni.



Reena Kumari
M.A.(Eco.) 4th Sem.
1st (63%), in District



Kamaljeet Kaur
M.A.(Eco.) 3rd Sem.
1st (70%), 18th in Uni.



Ramandeep Kaur
M.A.(Eco.) 3rd Sem.
2nd (66.8%) in District



Suresh Kumari
M.A.(Eco.) 2nd Sem.
2nd (65%)



Kirandeep Kaur
M.A.(Eco.) 1st Sem.
1st (70%)



Poonam
M.A.(Eco.) 1st Sem.
2nd (59.2%) in District



Prabhjot Kaur
M. Com. 3rd Sem.
1st (77.45%), 1st in Dist.



Deepak
M.Com. 3rd Sem.
2nd (73.63%)



Neha Rana
M.Com. 1st Sem.
1st (73.8%)



Tajinder Singh
BCA 5th Sem.
1st (74.5%)



Mamta Rani
BCA 5th Sem.
2nd (66.75%)



Manupriya
B.Sc. (Med.) 4th Sem.
1st (72.25%)



Amanpreet
B.Sc. (Med.) 4th Sem.
2nd (70.75%)

Our Brilliant Performers

Who brought the laurel to the Institution



Anny Sharma
B.Sc. (Med.) 3rd Sem.
1st (77.5%)



Harmaet Kaur
B.Sc. (Med.) 3rd Sem.
2nd (75%)



Manpreet Kaur
B.Sc. (Med.) 1st Sem.
1st (78.5%) in District



Amandeep Kaur
BCA 4th Sem.
2nd (60.5%)



Kiran
BCA 3rd Sem.
1st (62%)



Prabhjot Singh
BCA 3rd Sem.
2nd (60%)



Anifeek
BCA 2nd Sem.
2nd (67.75%)



Anjna Sood
BCA 1st Sem.
1st (64.75%)



Rajveer Kaur
BCA 1st Sem.
2nd (64%)



Satwanti Kaur
B.Sc. (Med.) 3rd Sem.
2nd (75%)



Heena Khanna
B.Sc. (Med.) 1st Sem.
2nd (76%)



Baljinder Kaur
B.Sc. (Non-Med.) 4th Sem.
1st (81.5%)



Baljit Kaur
B.Sc. (Non-Med.)
3rd Sem. 1st (83.5%)



Sorbjit Kaur
B.Sc. (Non-Med.) 3rd Sem.
2nd (73.25%)



Nishi Bangar
B.Sc. (Non-Med.) 1st Sem.
1st (69.78%)



Amandeep Kaur
B.Sc. (Non-Med.) 1st Sem.
2nd (68%)



Pawandeep Kaur
B.Sc. (CS) 4th Sem.
1st (68.15%)



Bhowna Kanwar
B.Sc. (CS) 4th Sem.
2nd (66%)



Jatinder Kaur
B.Sc. (CS) 4th Sem.
2nd (66%)



Dalwinder Kaur
B.Sc. (Eco.) 5th Sem.
1st (76.75%)



Navdeep
B.Sc. (Eco.) 5th Sem.
2nd (67%), 3rd in Distt.



Deeksha Khurana
B.Sc. (Eco.) 3rd Sem.
1st (66.5%)



Priyanka Sharma
B.Sc. (Eco.) 3rd Sem.
2nd (64.25%)



Lakhvir Singh
B.Sc. (Eco.) 1st Sem.
1st in class



Hardeep Kaur
B.Sc. (Eco.) 1st Sem.
2nd in class



Hardeep Kaur
B.Sc. (Eco.) 1st Sem.
2nd in class



Raveena
B.Com. 6th Sem.
1st (76%) in Distt.



Pooja Rai
B.Com.(P) 5th Sem.
1st in Distt.



Madan
B.Com. 5th Sem.
1st in class



Harshdeep
B.Com.(P) 5th Sem.
2nd in District



Simranjit Kaur
B.Com. 3rd Sem.
1st (68.27%)



Sandeep Kaur
B.Com. 3rd Sem.
2nd (67.27%)



Jaskiran Kaur
B.Com. 1st Sem.
3rd (74%) in District



Anjani
B.Com. 1st Sem.,
2nd in class



Ragni
BBA 5th Sem.,
1st in District

Our Brilliant Performers

Who brought the laurel to the Institution



All India University & Senior National Participation (Wushu)



All India Inter University (Participation) - Gatka



Distinguished Speakers



S. Gurdev Singh Brar IAS (Retd.)
President, SES, Chandigarh



Col. J.S. Bala (Retd.)
Secretary, SES, Chandigarh



E. Kulbir Singh
Former State Information Commissioner,
Vice President, SES, Chandigarh



S. Rajbinder Singh Bains
Secretary, LMC



Dr. Kulwant Singh Randhawa
Principal



Dr. S.S. Johl
Chancellor, Central University of Punjab



Dr. Sharanjit Singh Dhillon
Registrar GNDU, Amritsar



Dr. Karamjeet Singh
UBS, Punjab University,
Chandigarh



Dr. Lakhwinder Singh
Head, Deptt. of Commerce,
GNDU, Amritsar



Dr. Pratibha Nagpal
Professor Dept. of English & Culture Studies,
PU, Chandigarh



Sh. Vipul Ujwal
DC, SBS Nagar



Dr. Jaspal Singh Randhawa
Principal of University College,
GNDU, Jalandhar



S. Bakhtawar Singh
ADC, SBS Nagar



Jyoti Bala Mattu PCS
SDM, Banga



Dr. Shelly Narang
Dept. of English, SGGGS College,
Sector-26, Chandigarh



Prof. Pargan Singh
Head, PG Deptt. of History,
SN College, Banga

Aashirwaad Samagam



The Aashirwaad Samagam coinciding the inauguration of Academic Session 2016-17 was organised on 6 August, 2016. The Samagam was marked by pious rituals and divine invocation for the well being of the students & the college.





Prize Distribution *Function*

April 16, 2016

The Annual Prize Distribution Function featured Sh. Vipul Ujwal (IAS), DC, Distt. SBS Nagar as the Chief Guest. He conferred prizes on students for their outstanding performance in the field of academics, sports, NCC & NSS. Col. J. S. Bala (Retd.), Secretary, SES, Principal Rajbinder Singh Bains (Secretary LMC) dignified the occasion. Principal Dr. Kulwant Singh Randhawa presented the details of various activities and accomplishments of the institute.





Annual Edition of the **College Magazine** (2014-16) and **Chronicle 2015-16** being released, during the Annual Prize Distribution on April 16, 2016.



Annual Sporting Extravaganza

(March 1 to 2, 2017)

Two day Annual Sporting Extravaganza was organized in the college playground, the highlight of which was vivacious performance of students of four houses. S. Bakhtawar Singh, ADC, Distt. SBS Nagar opened the function. Smt. Surjit Kaur, National Athlete from Rail Coach factory, Kapurthala (Ex-students of the college) graced the college precincts on the closing ceremony and conferred medals on the winners in various events. S. Rajbinder Singh Bains, Secretary, LMC, S. Jarnail Singh, Member LMC & Principal Dr. Kulwant Singh Randhawa vivified the moment with their highly motivational presence in the playground.



Scenes culled from Annual Sporting Extravaganza (March 1 to 2, 2017)



Research and Extension Activities - A Snapshot



English Seminar

Highlights of the one Day National Seminar organized by the Post Graduated Department of English on "Contemporary Literature and Languages: A Microscopic Reading" in commemoration of the Eternal Legacy of William Shakespeare, coinciding with his 400th Death Anniversary on May 21, 2016.



Commerce Seminar

Highlights of the one day National Seminar organised by the Post Graduate Department of Commerce & Economics on the theme 'Global Contemporary Issues in Business and Management : Challenges Ahead' on Oct. 22, 2016.





School Function

Sikh National Collegiate School - A peep into various activities. Smt. Jyoti Bala Mattu (PCS), SDM, Banga glorified the occasion as chief guest at the Inaugural Ceremony of Academic Session 2016-17 of SN Collegiate School.



Miscellaneous



ਪੰਜਾਬੀ ਭਾਸ਼ਣ ਪ੍ਰਤਿਯੋਗਤਾ



ਸੁੰਦਰ ਲਿਖਾਈ ਮੁਕਾਬਲਾ



Lecture in School



Mr. Gill, Employment Officer, SBS Nagar delivering a lecture on career guidance to the students.



Sports Activities- Football *Team in Action*



Team Selection Wushu 16-09-2016

A Glimpse of Activities organized by NCC & NSS



Festivities Lohri

Principal Dr. Kulwant Singh Randhawa lit the Ceremonial Lohri bonfire to start off celebrations attended by the staff & the students. The college Bhangra team regaled the audience with an enthralling performance.



Convocation

Convocation 2017, organized on March 24, 2017, was adorned by the august presence of Dr. S.S. Johl, Chancellor Central University of Punjab, Bathinda as the Chief Guest. He conferred University degrees on 538 students across different streams.



Charan Kanwal, *Journal of Advance Studies* being released during the Convocation 2017

Editorial Board

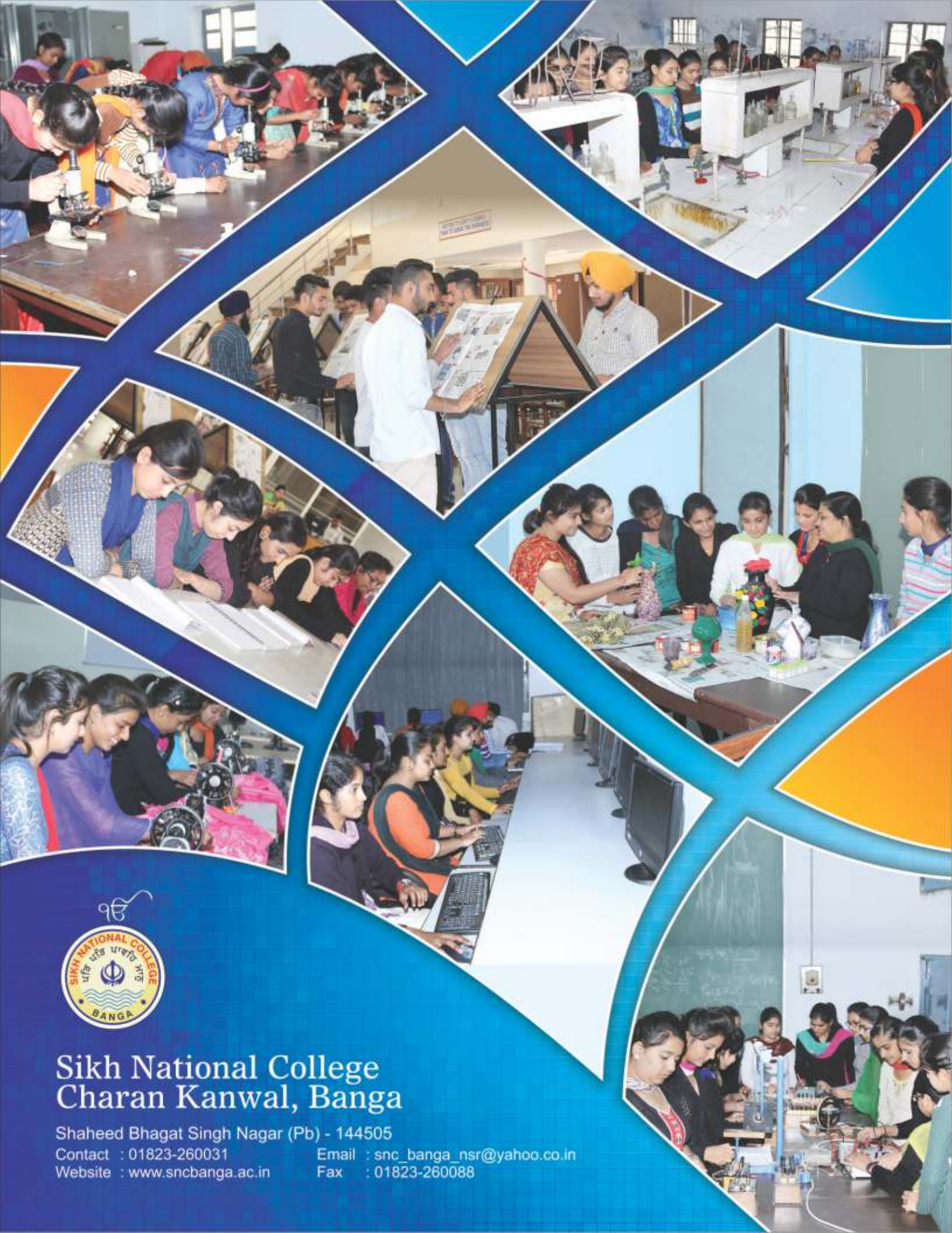


Seated (L to R)

: Dr. Gurpreet Kaur Brar (Art & Culture), Prof. Jatinder Kaur (Hindi), Dr. Satnam Kaur (Divinity), Dr. Davinder Kaur (Commerce & Planning Forum), Prof. Kamaldeep Kaur Makkar (Pictorial), Prof. Kuljeet Kaur (Punjabi), Principal Dr. Kulwant Singh Randhawa (Patron), Prof. Pargan Singh Atwal (Chief Editor), Prof. Anupam (Associate Editor), Prof. Gurwinder Singh (Computer), Prof. Aabid Vaqar (News), Prof. Harjot Singh (Science), Dr. Rajesh Sharma (English)

Standing (L to R)

: Sukhwinder Kaur (Art & Culture), Raveena (Hindi), Gurdeep Singh (Divinity), Neetu Sharma (Commerce), Neha Rana (Pictorial), Daman Joshi (Punjabi), Amanpreet Kaur (Chief Student Editor), Narinder Kaur (Comp.), Tajinder Singh (News), Hitashi Bhardwaj (Science), Rajni Sharma (English)



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